

VULVODYNIA: A SILENT ENEMY OF FERTILITY

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Infertility = Not only of an endocrinological, anatomical or functional problem

Vulvodynia is defined as persistent pain in the vulvar or vestibular region for more than 3 months, without an identifiable pathological reason.

Vulvodynia can lead to alterations in **sexual functions, motor skills**, nutrition and sleep, consequently causing a strong impact on a **psychological** and **social** level.

10-15% of the female population

Irritation

needles sensation

dyspareunia

Osteoarticular pain

Urological problems

Interstitial cystitis

One of the causes of fertility failure for which even today there are no therapies but only experimental treatments aimed at improving to guarantee a greater possibility of success.

Pelvic floor rehabilitation

Pharmacological therapies

Radiofrequency + Elettroporation

TENS

CBD

Inability to conceive naturally

Inability to have sexual intercourse

Dyspareunia

References

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- 3_Maintaining vulvar, vaginal and perineal health: Clinical considerations.Graziottin A.Womens Health (Lond). 2024 Jan-Dec;20:17455057231223716. doi: 10.1177/17455057231223716.PMID: 38396383